

Your LMG-Golf Professional:



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**ladymastersgolf**  
*its a whole new game*

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# lady**masters**golf

- the ultimate golf coaching programme for women



learn to play golf with  
LMG for pleasure,  
leisure and  
health

**T**reat yourself to a new lifestyle with the unique and exciting Lady Masters Golf - the ultimate golfing programme designed especially for you.

Whether you're an absolute beginner, or you've been playing golf for years, LMG's comprehensive structured programme is designed to help you enjoy the combination of fun, fitness and friends that only golf can offer.

You'll find that with LMG it's a whole new game and not at all what you might expect...

**G**olf offers so much. It keeps you fit, it's a great way to socialise and it's great fun. It's the only sport that you can play for your whole life - from 5 to 85 - and joining LMG is your opportunity to start playing golf in the best possible way.

You don't have to be a member of a golf club to join in - you don't even need to own a golf club to get started! Just pop along to your nearest LMG centre and you and your friends will find a warm welcome to golf waiting for you.



*treat yourself to a new lifestyle...*

*golf is a wonderful  
game and can be  
enjoyed for a  
lifetime*



LMG includes advice and instruction in Pilates from the renowned Pilates Institute.

**So what is Lady Masters Golf?** LMG is an innovative structured programme designed to help women quickly develop the golf skills, knowledge and understanding needed to enjoy the healthy and sociable lifestyle that golf provides.

LMG has been developed by a team of leading PGA Golf Professionals, and includes:

- a step by step guide through every aspect of golf...
- graduated levels comprising 6 group sessions where you will learn in the company of other women, with tuition from an LMG accredited PGA Golf Professional...
- 5 topics covered in each session - the swing, golf knowledge, rules, the body and the mind...
- a stylish LMG member's file and comprehensive course notes...
- the best advice and guidance to help develop the skills and knowledge which will enable you to gain maximum enjoyment from this wonderful game...
- and best of all, you'll have great fun!

**What's more,** with 3 different entry levels, LMG has something for everyone, whether you've played before or not.

So speak to your LMG accredited PGA Professional today and treat yourself to a new lifestyle...

